

Talkspace is the leading comprehensive mental health solution

- ✓ In-network ✓ Available in all 50 states ✓ Get seen in a matter of days

Begin your journey in 4 easy steps:

1. **Register** Visit talkspace.com/aetna
2. **QuickMatch**™ Complete assessment
3. **Meet your provider** Receive your personalized match
4. **Start treatment** Schedule your first session with your Provider



Individual

Therapy for me

[Get started >](#)



Teens

For ages 13-17

[Get started >](#)



Couples

Therapy for us

[Get started >](#)



Medication

Psychiatry & prescriptions

[Get started >](#)

**Evidence based treatment
for 150+ conditions**